

## Love Letters

Love letters have become a thing of the past. Handwritten letters have been replaced by texts with emojis. It is becoming rare for a person to write a thoughtful articulation of their heart's beat for another person on an actual piece of paper. But people still love receiving love letters, the handwritten kind on stationery. Do you know how you can know that your spouse would enjoy receiving a love letter from you? Because you would enjoy it if sent by them. Send your spouse a love letter. Write it in your best penmanship on good quality paper. Letting your spouse know that they are loved helps build romance. Loved people love people. There is a lot to this love letter idea.

### *Reasons to Write a Love Letter*

- To Relay Information: If you have a hectic season approaching, write your spouse a letter with the details, but close the letter with words of love and affection. Your spouse will appreciate having the information on paper and knowing your thoughts about them.
- To Build Passion: Write to build anticipation for your next romantic interlude.
- To Communicate Your Thoughts: Write your thoughts, or "by the way" messages you forgot to mention. This is a great opportunity to use terms of endearment for each other.
- To Express Emotions: Express your understanding of your spouse's emotions and concerns or tell your spouse of the emotions you are feeling.
- To Encourage: When you are up, encourage your spouse with a few words of love and affection.
- To Express Thoughtfulness: Let your spouse know you are thinking of them, for no reason at all.

### *Types of Love Letters to Consider*

- Notes--simple sticky notes left in surprising places
- Postcards--write something to your spouse that the mail carrier could read if they wanted to, but might make them blush if they did
- Thank you Notes
- Letters--actual letters with all the parts of a love letter (see below)

### *Parts of a Love Letter*

- The date--be sure to include it. If you do your job right, your spouse will keep the letter forever. Having the date on it will be important someday.
- The greeting--be creative. "Dear ..."
- The body--pour out your heart. Say what you mean and feel.
- The closing--make it special and unique.
- The signature--use a pet name?
- P.S.--close the letter with passion

### *Letter Starter Ideas*

- Do you remember the time we...(tell a favorite story of your red-hot romance)
- I love you more today than yesterday, because...
- The best part of my day is when I see you for the first time. You...(describe what you feel)

- You are the world's greatest [fill in the blank] because...
- Our relationship is like a candy store...
- When you touch me, my skin...
- When you kiss me, my lips...
- If I knew then what I know now, I would marry you all over because...
- I daydreamed about you and me today...

#### FURTHER READING

Want to read some great love letters over the years? Get a copy of *Treasury of Love and Romance: A Classic Collection of Stories, Quotes, Ballads, Verses and Poems* compiled by Paul M. Miller (Honor Books). You can pick up a copy of the hardcover 450-page book for about \$4.00 on Amazon. The book contains love letters (among other things) written by Jack London, Queen Victoria, John Steinbeck and others.