



# Foundation 2 MOBILE CRISIS OUTREACH

**\* (319) 247-0030 \***

Are you or someone you know experiencing a  
mental health emergency or family crisis?  
Call MCO!

## **24/7/365 MOBILE CRISIS RESPONSE**

- Serving ALL AGES in the following counties:  
Benton, Bremer, Buchanan, Delaware,  
Jones, Linn
- Mobile Crisis Outreach counselors respond  
to homes, schools, agencies & businesses

## **ON-SITE CRISIS INTERVENTION**

- MCO counselors will attempt to defuse the  
crisis and stabilize the situation
- Suicide risk assessment, if applicable
- Transportation to the hospital or a crisis  
stabilization placement if necessary
- Support and advocacy for those awaiting  
inpatient psychiatric committal
- Alternative to ER/Law Enforcement/DHS

Issues we can help with include: **Depression,  
self-harm, family conflict, substance abuse,  
and thoughts of suicide.**

## **CASE MANAGEMENT**

- Follow-up after the crisis
- Coordination of services
- Help connecting with local resources
- Assistance setting up counseling  
appointments

## **REFERRALS TO OTHER SERVICES**

- Individual & Family Therapy
- Psychiatry & Medication Management
- Support Groups
- Long-term case management
- Behavioral Health Intervention Services
- Day Treatment Programs
- Integrated Health Homes
- Youth Shelter & in-home CWES services