

I Am Not My Own (Body and Soul)

by Jeremy Zeyl and Brian VanArnhem ©2016 Jasper Music; Text adapted from Heidelberg Catechism Q&A 1 CCLI#66902

This, my only comfort in my life and in my death:
You have fully paid for all my sins and all my debt
even when I struggle to believe:
with Your precious blood You set me free! *Chorus*

I am not my own, but belong body and soul,
in my life and in death to You, LORD, Christ my LORD.

You preserve my life in such a way that without You
not a hair can fall from me unless you will it to
even when I'm lost in desperation
all things work together for my salvation. *Chorus*

Always with Your Holy Spirit You assure me
of eternal life and make me willing and ready
even when I can't see my way through
from now on to always life for You. *Chorus 2x*